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Tinnitus handicap inventory questionnaire

Name _____ Date _____
 ID# _____ Age _____
 Doctor _____

Instructions:

Please CIRCLE the correct response.

	None										Extreme											
1. Rate the loudness of your tinnitus:	0	1	2	3	4	5	6	7	8	9	10	0	1	2	3	4	5	6	7	8	9	10
2. Rate the pitch of your tinnitus:	0	1	2	3	4	5	6	7	8	9	10	0	1	2	3	4	5	6	7	8	9	10

Instructions (please read carefully):

The purpose of the scale is to identify difficulties that you may be experiencing because of your tinnitus. Please check off "Yes," "Sometimes," or "No" to each item. Please do not skip any questions.

	Yes	Sometimes	No
F1. Because of your tinnitus, is it difficult for you to concentrate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F2. Does the loudness of your tinnitus make it difficult for you to hear?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E3. Does your tinnitus make you angry?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F4. Does your tinnitus make you feel confused?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C5. Because of your tinnitus, do you feel desperate?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E6. Do you complain a great deal about your tinnitus?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F7. Because of your tinnitus, do you have trouble falling asleep at night?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C8. Do you feel as though you cannot escape your tinnitus?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F9. Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies, etc)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E10. Because of your tinnitus, do you feel frustrated?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C11. Because of your tinnitus, do you feel that you have a terrible disease?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F12. Does your tinnitus make it difficult to enjoy life?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F13. Does your tinnitus interfere with your job or household responsibilities?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E14. Because of your tinnitus, do you find that you are often irritable?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F15. Because of your tinnitus, is it difficult for you to read?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E16. Does your tinnitus make you upset?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E17. Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F18. Do you find it difficult to focus your attention away	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

from your tinnitus and on other things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C19. Do you feel you have no control over your tinnitus?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F20. Because of your tinnitus, do you often feel tired?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E21. Because of your tinnitus, do you feel depressed?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E22. Does your tinnitus make you feel anxious?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
C23. Do you feel you can no longer cope with your tinnitus?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
F24. Does your tinnitus get worse when you are under stress?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
E25. Does your tinnitus make you feel insecure?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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